

## Avon Lake Lacrosse Club's CODE OF CONDUCT

Players, coaches, officials, parents and spectators are to conduct themselves in a manner that "Honors the Game" and demonstrates respect to other players, coaches, officials, parents, spectators and fans.

In becoming a member of the lacrosse community an individual assumes certain obligations and responsibilities to the game of lacrosse and its participants. The essential elements in this "Code of Conduct" are HONESTY and INTEGRITY. Those who conduct themselves in a manner that reflects these elements will bring credit to the sport of lacrosse, themselves, their team and their organization. All members of Avon Lake Lacrosse Club (ALLC) agree to abide by the Code of Conduct and to be subjected to the consequences of violating the Code.

No refunds will be granted to those players dismissed from the club for violating the Code of Conduct.

For purposes of this Code of Conduct, the Executive Board of ALLC consists of the President, Treasurer, Boys Lacrosse Director and Girls Lacrosse Director. All code of conduct questions or concerns should be directed to the Executive Board via email to: [avonlakelacrosse@gmail.com](mailto:avonlakelacrosse@gmail.com)

### **All**

1. Any conduct, including abusive/foul language and/or gestures, racially insensitive remarks, damage to property or belongings, or any other conduct that reflects poorly on yourself or Avon Lake's Lacrosse Club is deemed to be unacceptable and will not be tolerated. This includes posting and/or commenting on social media. This rule applies to all players, coaches, parents, siblings and guests at all times when in or around games or practices as a member of ALLC.
2. During a tournament or game when you are away, you represent the City of Avon Lake and ALLC. Any violation of the above Code of Conduct, any illegal conduct such as shoplifting, destruction of property, consumption of drugs or alcohol, or any other activity that reflects poorly upon ALLC will not be tolerated. This rule applies for the entire time one is away for a game or tournament.
3. The Board of Directors of ALLC will deal with unacceptable conduct at its sole discretion, imposing warnings, suspension or expulsion, as it deems appropriate.

### **Players**

1. Respect your teammates and opponents at all times.
2. Coaches and referees are volunteering their time for your good and should be shown respect at all times.
3. Give 100% effort at each practice and game.
4. Know the rules of the game of lacrosse and abide by them.
5. Support and encourage your teammates on and off the field. Set positive examples. Keep your teammates safe from unnecessary physical and emotional harm.
6. Wear the required equipment at all games and practices, and keep your equipment well maintained.
7. Display good sportsmanship at all times on and off the field.
8. Don't be afraid to make mistakes. That's part of learning.
9. Learn from your coaches; practice hard; play smart; Have Fun!

10. Be modest in victory and gracious in defeat.

### **Coaches**

1. A coach is a role model, who must act with the highest moral character possible. Coaches must submit to necessary Federal, State and Local background checks.
2. Coaches must reinforce the self image of each player. A coach must be positive and constructive.
3. Keep your players safe from physical, verbal, and emotional harm.
4. Respect the game of lacrosse. Respect the officials. Respect all coaches within ALLC. Respect the opposing teams' coaches and players.
5. Teach the rules of lacrosse. Abide by those rules in practices and games.
6. Establish objectives for the team and players and inform them of team and individual goals.
7. Teach and practice good sportsmanship at all games and practices.
8. Be modest in victory and gracious in defeat.

### **Parents**

1. Teach and practice good sportsmanship at all games and practices. You are role models!
2. Make a conscious effort to learn the rules of the game of lacrosse.
3. Respect the game of lacrosse. Respect the officials. Respect the coaches, who are volunteers.
4. Do not coach your child from the stands. Let players play and coaches coach, and support both positively.
5. Do not EVER criticize other players regardless of the circumstance.
6. Follow the "24 Hour Rule"; if you have a complaint resulting from a game (or practice) situation, communicate with the coach on the following day.
7. If you perceive a serious problem, notify the President of ALLC.
8. Emphasize the FUN of the game and the team, putting forth effort at all times, not wins and losses. This is especially true on the car ride home!

### **Code of Conduct: Corrective Action Steps**

Players-

Step 1 – Verbal Warning	The Head Coach has the authority to verbally address a participant to discuss their inappropriate and/or unsportsmanlike behavior. The Head Coach will notify the player’s parents that a verbal warning has been issued.
Step 2 – Formal Written Warning	The Head Coach has the authority to document a participant’s inappropriate and/or unsportsmanlike behavior. The Head Coach will notify the player’s parents that a formal written warning has been issued. The formal written warning will be noted and documented in a player’s file. The ALLC president will also be notified and a meeting will occur with the Head Coach, player, and parent. This is the last step before suspension or expulsion occurs.
Step 3 – Suspension	ALLC Executive Board, along with the Head Coach has the authority to suspend a participant from all ALLC activities. A participant that has been suspended may not participate in or attend any program activity. The length of suspension will be determined by the ALLC Executive Board and depending upon the severity of the issue, the participant may be expelled from the program. The ALLC president will notify the player’s parents that a suspension has occurred. Any Unsportsmanlike Penalty incurred during a game that is of a physical nature related to fighting or retaliation will result in an automatic suspension from the current game and a minimum one-week suspension from the program.
Step 4 – Expulsion	The ALLC has the authority to expel and/or ban a participant from the season or from future participation. A participant and his/her parents will be notified of expulsion and/or ban by telephone, mail or email.

Coaches-

Step 1- Verbal Warning	ALLC Executive Board or Program Director has the authority to
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	verbally address the coach to discuss their inappropriate and/or unsportsmanlike behavior.
Step 2- Formal Written Warning	ALLC Executive Board has the authority to document a participant's continued or repetitive inappropriate and/or unsportsmanlike behavior. The ALLC Executive Board will document and notify the coach that a formal written warning has been documented. This is the last step before expulsion occurs.
Step 3- Expulsion	The ALLC Executive Board has the authority to expel and/or ban a coach from the season or from future participation.

Parents-

Step 1- Verbal Warning	The Head Coach has the authority to verbally address a parent to discuss their inappropriate and/or unsportsmanlike behavior.
Step 2- Removal from game	The Head Coach has the authority to remove the parent from a game. Should this occur, there will be a follow up meeting with the parent, Head Coach and members of the ALLC Executive Board. The ALLC Executive Board will document the meeting.
Step 3- Ban from attending any ALLC events or games	The ALLC has the authority to ban a parent from attending any ALLC events or games. The parent will have the option to continue to have the player participate in ALLC events if the player abides by the Code of Conduct.

Any attempt by a person or player that is deemed an intentional attempt on the safety or well-being of another player, coach, referee, parent, or spectator, will result in immediate removal and permanent suspension. Authorities will be contacted.

By enrolling in the ALLC program and by signing below, it is understood that players, parents and coaches are bound by this Code of Conduct and its validity is hereby a matter of record. All enforcement decisions made by the Executive Board of ALLC are final and are not subject to review.

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Player Signature

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Date

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Parent Signature

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Date

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Coaches Signature

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Date